



# West Catholic High School

## 2018 Summer Programs

**\*\*REGISTRATION IS NOW CLOSED FOR BOTH SUMMER COURSES\*\***

### **Program Title: Study Strategies for Success**

**For:** Students entering grades 8, 9, 10 in the fall of 2018

**Dates/Times:** June 25: 8:00 am – 11:00 am (includes iPad distribution)  
June 26-28: 9:00 am – 11:00 am

**Location:** West Catholic High School - Room 113

**Instructor:** Mrs. Christine Baron, West Catholic Teacher

**Cost:** \$100 per student (\$50 for students who have already qualified for financial aid in 2017-18). The class has a limited number of seats and is available on a first come-first serve basis. \*No refunds will be given unless class is cancelled due to insufficient enrollment.

**Description:** When students enter high school, organization and study skills become the keys to their success. The good news is that, although these skills do not always come naturally, they can be learned. We have designed a curriculum to support learning in college-preparatory courses.

Students will learn:

Individual Learning Styles  
Setting and Reaching Goals  
Test-Taking Strategies  
Note-Taking Skills

Time Management  
Expectations in College-Prep Courses  
How to Glean Information from Text  
How to Use a Planner

Questions? Please contact [christinebaron@grwestcatholic.org](mailto:christinebaron@grwestcatholic.org) or the WC Guidance Office, (616) 233-5909.

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### **Program Title: Health**

**For:** Students entering 9, 10, 11, 12

**Registration Date:** May 15, 2018

**Check Moodle and Read Course Syllabus by:** May 31, 2018

**Initial Meeting Date/Time (details will be posted on Moodle):** May 31, 2018/3:00 pm in Room 233

*Following the general course registration and instructions, iPads will be issued to new students.*

**Location:** This is an online course

**Final deadline:** All work will be due August 1, 2018. Late work will not be accepted.  
*\*Optional early deadline of July 18 for extra credit.*

**Instructor:** Mr. Michael VanDyke, Health/PE Teacher

**Cost:** \$200 per student (if there is financial need, assistance is available)

**Description:** The study of health or our general physical, mental and social well-being is about making wise choices throughout life. In order to make healthy decisions, students will learn about nutrition, disease prevention, mental health and substance abuse. This semester course offers students rich opportunities for making more health conscious decisions.